



More Than Preschool! School Readiness Too!

At Only About Children we are busy preparing your child for school and would like to support families with some ideas on things you can do at home to ensure your child is prepared to have a great start at school!

LITERACY & LANGUAGE: Reading

Help your child develop a love for reading!
Cultivate a culture of reading in your home
and develop this habit by:



- ➔ Spending more time with your child to read books together.
- ➔ Surrounding your home with fun reading materials in which your child is interested in.
- ➔ Discussing stories together and asking your child about the characters and events to confirm their understanding.

EXPLORATION & STEM: Mathematics

Look for the 'teachable moment' in everyday experiences like cooking, tidying up, setting the table and driving in the car. Capture the 'teachable moment' and look for meaningful opportunities to introduce and consolidate mathematical ideas such as counting, numbers and symbols, shapes and comparing.

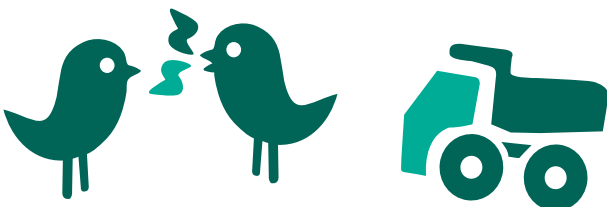


- ➔ Invite your child to help you sort the laundry by colour, size, person, type of clothing.
- ➔ Use positional language as your child is helping to pack away their toys, "put the book on the shelf and then the stuffed animal above it."
- ➔ Count out how many apples you need at the supermarket; set the table and count the plates.
- ➔ Measure the ingredients needed for baking.

SOCIAL DEVELOPMENT: Friendships

Help your child to develop an established friendship base prior to starting school by:

- ➔ Asking your child's educators what other children are going to attend the same school as your child.
- ➔ Arranging playdates with a couple of these children prior to starting school.



HEALTH: Building Muscle Strength

Some children need help to build their muscle strength to complete tasks they will do at school like use scissors and write with pencils. You can give your child opportunities to build their strength and stamina by:

- ➔ Making your own obstacle course to navigate.
- ➔ Climbing at the park.
- ➔ Swimming lessons.
- ➔ Painting with a brush and water on a fence.
- ➔ Drawing with a stick in the sand at the park or beach.

