

Oac Grow@Home Preschool/ Kindergarten Plan: Week A



Oac Book of the Month

This month we celebrate the Children's Book Council book of the year short list. There are 6 books shortlisted that we will be introducing at the campuses which we will showcase over the month of August.

Click on the links below to watch the read aloud videos of this weeks titles.

Goodbye house, Hello house by Magaret Wild

When Billy Was a Dog by Kirsty Murray
My Friend Fred by Frances Watts

This week lets explore the purpose behind the book of the month. 'Enjoying and revisiting literature.'

What is your child's favourite book? Ask them to choose one.

- Encourage your child to tell or read you the story in their own words.
- Ask them why this book is their favourite, what do they like about it?
- Ask them to draw or act out the story or favourite part of the story.

Creating and sharing their own version of a favourite books encourages creativity.



ihola!



Sustain

Learning about Natural materials

In our world we either have man made or natural materials. Learning about our world helps us to better understand how to care for it <u>Click here</u> to watch a video that explains with basic imagery what is natural and what is manmade.

- Ask your child to go on a hunt around your home to find man made materials (inside and out). Using a camera might help make this activity more exciting. But collecting or a list is fine.
- Now repeat the hunt looking for natural materials.
- Together compare the samples that you have what makes them different or the same?

Oac Spanish Language

Rolly Polly!

Practicing this song, helps children to interact verbally and non- verbally, and resource their own learning through connecting with others.

How do we do it: Start using the flashcards attached and perform with your child the actions. For example: "Run fast (rapido) or go slow (lento). Reach high to the sky (arriba) and low to the ground (abajo).

English	Spanish	Pronunciation
Arriba	Up	Ah-REE-bah
Abajo	Down	Ah-BAH-ho
Rapido	Fast	RAH-pee-doh
Lento	Slow	LEHN-toh

When you feel confident, practice the song along with Angelica our Language program Manager. Video coming in mid-week content.

Create

Sill Life Drawing

Children mimic life through their art, they often this medium to make sense of things they see and feel. Offering children, the opportunity to draw something they see in front of them.

- Choose something around your home, that has different shapes and colours that can be placed in front of them where they can draw. Flowers or plants are a great first still life, toy animal would work too.
- Choose plain white paper and a pencil or pen.
 Research shows that the finer the tip of a utensil the more focus and detail the child will apply.
- Ask them to draw the item, talk about the shapes and colours you see together.
- Encourage your child's creativity, it may or may not look like the item, ask them to tell you about their drawing to allow for open discussion.

<u>Click here</u> to learn more about still life drawing.

Together

Talking about Lock down

Change can always be confusing for children. As this lockdown is different from the last one. This is a great time to revisit how your child is feeling and what questions they might have.

Ideas to help you communicate this with your child:

- Create a written or visual routine with your child. Click here for ideas and templates.
- Create some family agreements/guidelines or rules.
- Allow time for the following.
 - ♦ Being together,
 - ♦ Self-directed play
 - ♦ Rest and relaxation
 - ♦ Guided learning
 - ♦ Self-directed learning

By having a plan and some guidelines you will be able to organize not only your child's day but work around your own commitments such as meetings or deadlines.

